

## About Our Tuckshop

We aim to provide a varied menu of nutritious food options that will keep the children satisfied and working well and give you a viable option to a home prepared lunch.

## Helping Out – We Need You !!!!

Volunteers assist the tuckshop and help is needed to keep it running each week. It is a great place to catch up or make new friends and your children will love seeing you behind the counter. Morning or afternoon shifts are available.

We also require volunteers to make home baking such as cupcakes, slice, biscuits etc... whatever is your forte!

If you are interested, please email Tracey Leigh-Allen on [tuckshop@materdeipandf.org.au](mailto:tuckshop@materdeipandf.org.au)

## How to Order:

Please order via the QKR App. **No bags or cash will be accepted except cash for counter sales second break.**

This can be downloaded from your App Store onto your smart phone. The app download should be from the Apple store if you have an iphone or Android store if you have an android phone.

- Search for 'Qkr'. It comes up as "QKR by Mastercard". Download the app.
- Once you open the app, you will need to register.
- Open the app, tap on the magnifying glass in top right of Qkr home screen and type **MATERDEICPS**. The school page should now open.
- Register your children
- Click on "canteen" to order for first and second breaks. The app will lead you through to payment.

Any problems with ordering please email the tuckshop on [tuckshop@materdeipandf.org.au](mailto:tuckshop@materdeipandf.org.au) as early as possible on the day of ordering.

# Mater Dei Tuckshop Menu



## Term 1 2015

### **Tuckshop Convenor:**

*Therese Walsh*

### **Roster:**

*Tracey Leigh-Allen*

### **Email:**

[tuckshop@materdeipandf.org.au](mailto:tuckshop@materdeipandf.org.au)

**Phone:** 3514 4130

Open Mondays  
and  
Wednesdays

## 1st Break

### Mondays & Wednesdays

|  |        |
|--|--------|
| <b>Muffins:</b> ABC (apple, banana, choc chip), Mixed Berry              | \$1.50 |
| <b>Gluten Free Muffin</b>  | \$2.00 |
| <b>Iced Finger Bun</b>   | \$1.50 |
| <b>Home Baking (various lucky dip)</b>                                   | \$1.00 |
| <b>Anzac Biscuit</b>   | \$1.00 |
| <b>Vegemite on SAOs (2)</b>  | \$1.00 |
| <b>Cheese &amp; Biscuits</b>   | \$1.50 |
| <b>Salsa <u>or</u> Hommus with rice crackers <u>or</u> carrot sticks</b> | \$1.20 |
| <b>Cheese &amp; Bacon Roll</b>   | \$1.50 |
| <b>Thick Raisin Toast (1 with margarine)</b>                             | \$1.00 |
|  |        |
| <b>Corn Cob</b>  | \$1.00 |
| <b>Chicken tenderloin (1) (Tomato, BBQ or Sweet Chilli sauce 30c)</b>    | \$1.30 |
| <b>Mini Beef Pie (tomato sauce 30c)</b>                                  | \$1.50 |
| <b>Snack Sausage Roll (tomato sauce 30c)</b>                             | \$1.50 |
| <b>Cocktail Frankfurts (5) with sauce</b>                                | \$3.00 |
|  |        |
| <b>Yoghurt Cup</b>   | \$1.50 |
| <b>Yoghurt with Fruit &amp; Muesli</b>                                   | \$2.00 |
| <b>Custard Cup</b>   | \$1.50 |
| <b>Custard Cup with Banana</b>   | \$2.00 |
| <b>Pineapple Hula Hoop</b>   | \$1.00 |
| <b>Apple</b>   | \$1.00 |
|  |        |

## Drinks: 1st & 2nd Break

|  |        |
|--|--------|
| <b>Flavoured Milk</b> (chocolate & strawberry)               | \$1.70 |
| <b>Juice Popper</b> (apple, apple & mango, orange, tropical) | \$1.50 |
| <b>Plain milk or Bottle of Water</b>                         | \$1.00 |
| <b>Milo</b>  | \$1.50 |

## 2nd Break

### Mondays Only

|   |        |
|---|--------|
| <b>Sushi (1 roll)</b> (Avocado, Tuna or Teriyaki Chicken)   | \$3.00 |
| <b>Pasta with Bolognese Sauce</b> (add 50c for with cheese) | \$3.50 |
| <b>Pasta with cheese only</b>                               | \$2.50 |

### Wednesdays Only

|  |        |
|--|--------|
| <b>Fried Rice</b> (with bacon, egg and vegies)               | \$4.00 |
| <b>Pizza</b> (Ham & Cheese <u>or</u> Ham Cheese & Pineapple) | \$1.50 |

### Mondays & Wednesdays

|   |        |
|---|--------|
| <b>Japanese Chicken Curry with Rice</b>   | \$4.30 |
| <b>Chicken Karaage with Rice</b>  | \$4.30 |
| <b>Toasted Tandoori Chicken Wrap</b> (Chicken, cucumber, lettuce, raita)                  | \$4.00 |
| <b>Toasted Mexican Burrito</b> (mince, cheese, tomato, lettuce, sour cream)               | \$4.00 |
| <b>Ham &amp; Cheese Croissant</b>   | \$4.00 |
| <b>Hamburger</b> (with lettuce, tomato, beetroot & BBQ or Tomato sauce)                   | \$4.00 |
| <b>Mini Beef Pie</b> (tomato sauce 20c)   | \$1.50 |
| <b>Snack Sausage Roll</b> (tomato sauce 20c)  | \$1.50 |
|   |        |
| <b>Sandwiches: (add 50c for wrap) (add 50c for toasted)<br/>(add 50c for Gluten Free)</b> |        |
| Ham <u>or</u> chicken with cheese & salad   | \$3.50 |
| Ham <u>or</u> Chicken with Cheese   | \$3.00 |
| Ham <u>or</u> Chicken <u>or</u> Cheese  | \$2.50 |
| Ham <u>or</u> Chicken <u>or</u> Cheese with tomato  | \$2.80 |
| Vegemite  | \$1.50 |
| Egg & Lettuce   | \$3.00 |

## 2nd Break Counter Sales (after 2nd bell)

|  |         |
|--|---------|
| <b>Drinks: flavoured milk, poppers &amp; water</b> | various |
| <b>Ice Blocks</b>                                  | \$1.00  |
| <b>Zooper Dooper</b>                               | \$0.50  |
| <b>Various Snack items</b>                         | \$1.00  |